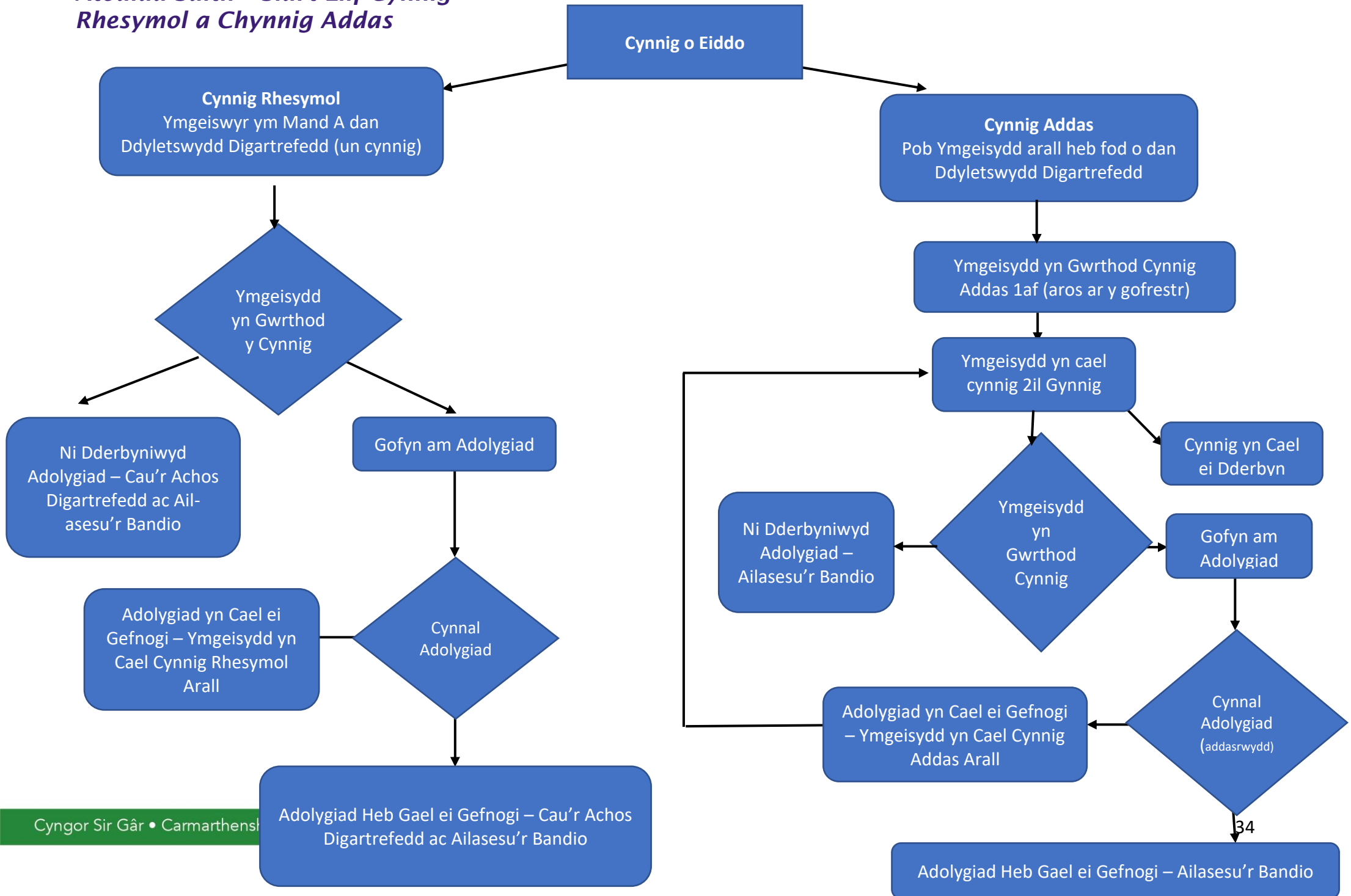Atodiad Saith – Siart Llif Cynnig Rhesymol a Chynnig Addas